

Shintaido Deutschland e.V.



German Summer Gasshuku 2004

with Haruyoshi F. Ito
and Gilles Eskenazi

from 25th til 27nd of June 2004

in Cologne



Born in Hiroshima in 1942, **H.F. Ito** received -at age 22- a 5th degree black belt from Master Shigeru Egami, head instructor of the Shôtôkai School of Karate-dô. As one of the original students of Hiroyuki Aoki, he participated in the creation of Shintaidô.

He additionally studied Amma/Shiatsu and Meditation from these two masters as part of his traditional martial arts training and has been a practitioner since 1964.

In 1975, he founded Shintaido of America in San Francisco and, since 1981, he has led Shintaido workshops in Japan, United States, Canada, Mexico, Great Britain, France, Germany, Sweden, Finland, Belgium, Switzerland, Italy, the Netherlands and Australia. In addition to teaching martial arts, he has lectured on the history and philosophy of Japan and on intercultural communications between the East & the West.



He is currently a founding faculty member of the American School of Japanese Arts in Santa Rosa, a consultant and trainer at Amma Institute, the Touch Pro Institute, and Hospice by the Bay in San Francisco, and L'Attitude in Quebec.

1988 Ito began introducing and developing Shintaido in Germany by leading gasshukus in Berlin, Schnega and Cologne.

Gilles Eskenazi, from Paris, will be co-instructor. He supports Shintaido Germany by teaching Bojutsu at workshops in Cologne. He is Shintaido instructor (1. Dan) and 2. Dan Bojutsu.

Program

Beginners are welcome!

Beside an introduction into Shintaido the gasshuku will have the following themes:

- **Taimyo meditation** to nurture mother earth
- **Shintaido bojutsu:** kata & kumibo for beginners and advanced of all levels

Keikos will take place inside (gym) and outside (park)

Exams

Exams will be held by H.F. Ito and co-examiner G. Eskenazi.

Exams could be taken in

Shintaido: up to Shintaido Assistant,
Bojutsu: up to 1. Kyu

Exam fees:

Assitant, 1-4 kyu	40 €
Advanced student, 5-10 Kyu	30 €

Schedule

Friday	from 18.00	arrival
	20.00	opening/dinner
Saturday	9.00 - 12.00	keiko 1
	13.00	lunch
	15.00 - 18.00	keiko 2
Sunday	8.00	exams
following	ca. 9.00 - 11.00	keiko 3
	11.30	lunch
	12.30 - 14.30	keiko 4
closing	14.30	

(The schedule is subject to be changed!)

Registration

via mail or e-mail and payment by cheque of 80 € as soon as possible please:

Georg Mueller
c/o Shintaido Deutschland e.V.
Curtiusstrasse 4

D - 50935 Koeln

email: shintaido@gmx.de

Gasshuku fee 150 €.

The gasshuku fee includes the gasshuku (keikos) and catering.

For accomodation additional 25 €.

Please note that the number of people who can stay in the guest house is limited!

Latest infos:

www.shintaido.de

Please print this form and send it back by mail or copy it and send it by e-mail to shintaido@gmx.de!

Registration

Name, prename

Address

I come by:

car

train

plane

I need vegetarian food

I would like to take exam in:

(Shintaido/Bojutsu challenged rank)

I enclose a cheque of 80 Euro to this form. I will pay the complete amount at the Gasshuku check-in (your deposit cheque will then be returned to you):

for the Gasshuku (keikos, meals)	
for members of Shintaido Deutschland	140 €
for non members	150 €
for accomodation from Friday to Sunday	25 €
Total	175 €